



Prime Time
NEWS & OBSERVER

**Senior Housing
Directory
2019-2020**

The Grand Traverse region's guide for older adults, their families and friends in need of information about housing services available. This directory provides information involving support for the growing older population of the area in a concise, easy to understand format.

Published by **Prime Time**
NEWS & OBSERVER

Two Great Locations

Culver Meadows

Adult
Foster Care
231-943-9421



Senior
Living
231-943-9430

For Specials and To Take A Virtual Tour,
Visit us at: culvermeadows.com

A family owned & operated business since 1994

Specializing in Alzheimer & Dementia Care

- Medical Team Chronic Care Management
- Total Case Management Available
- Located in Traverse City
- Near Munson & Shopping
- In Home Care, Physical, Occupational & Speech Therapy
- Medication Management
- Dietary Management
- Podiatrist
- Homemade Nutritional Meals
- Whole Building Generator
- Memory Care
- Hospice Care
- ALL Levels of Care Provided
- Long Term Care Insurance Accepted

Call Today

Trina Jewett 231-633-5840
trina@culvermeadows.com

Manager-231-633-9430
manager@culvermeadows.com



“Your Home Away From Home”



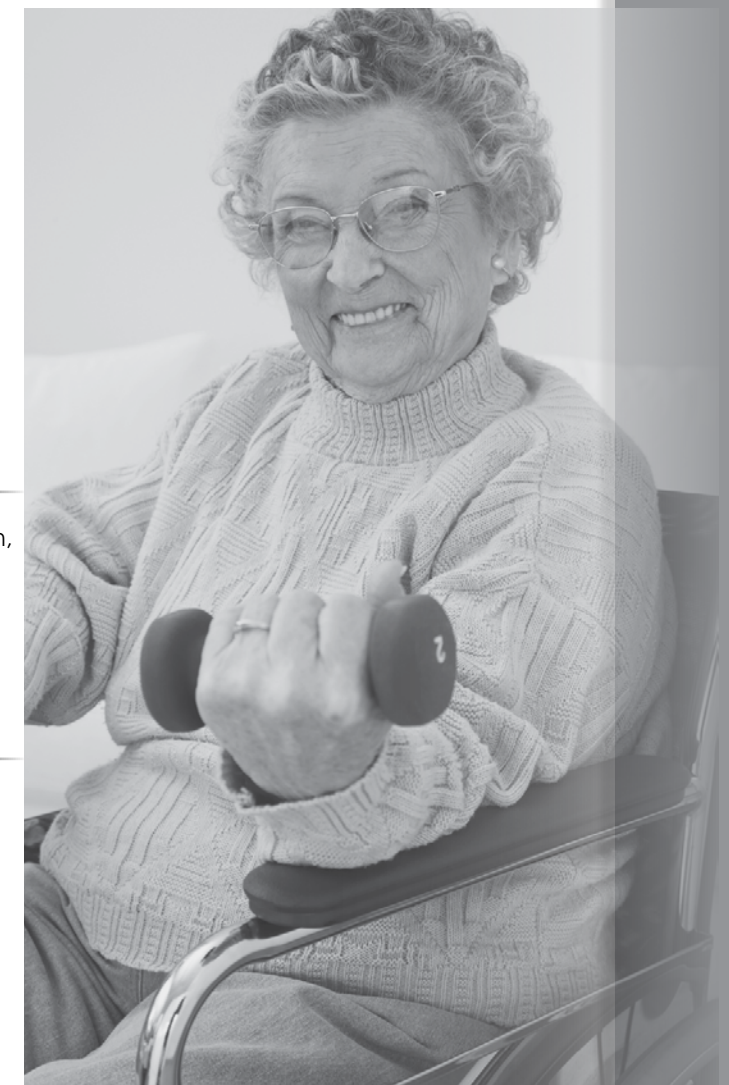
Index

Independent Living	4
Assisted Living	15
Continuum of Care.	30
In Home Care	38
Miscellaneous	44
Alphabetical Index	54
Caregivers Page	58

To compile this directory, the staff of the Prime Time News & Observer relied on information sent to us by the participating businesses, organizations and service providers, using forms sent to them by Prime Time. Most of them responded promptly and as deadlines approached, we contacted those we had not yet heard from. Unfortunately, some either did not respond, or responded too late to be included. We regret that inconvenience to our readers. We have made every effort to assure the accuracy of the information presented herein as of deadline. It's possible program offerings and services may change during the course of the year so we suggest you call your local Commission on Aging office for assistance if you find a service you require has been discontinued, or if you cannot find a source for it listed in this directory.

To include your business, organization, or agency in future issues of the Prime Time Senior Housing Directory, please contact Jeffrey Hallberg at 231-631-5651 or by email manager@gtprimetime.com.

The Prime Time Senior Housing Directory is a publication of Forest Home Publications, LLC P.O. Box 1071, Bellaire, MI 49615. Phone: 231-631-5651 manager@gtprimetime.com © Copyright 2019 Forest Home Publications, LLC





Independent Living

- Alliance for Senior Housing, LLC
- Alta Vista
- Cedar Creek Commons / Cedar Creek Senior Apartments
- Culver Meadows
- Hillview Terrace Apartments
- Holli Care, LLC
- Michigan Shores Cooperative
- Options for Senior Living, LLC
- The Hawthorn Lofts - Grand Traverse Pavilions
- The Village at Bay Ridge



Alliance for Senior Housing, LLC

ADDRESS

We provide Home Visits.
*(Mailing Address Only -
7944 Kingsley Rd.,
Kingsley, MI 49649)*

PHONE

231-263-4040
888-816-4040

E-MAIL

connie@
allianceforseniorhousing.com

WEB

www.allianceforseniorhousing.com

CONTACT

Connie Hintsala, owner

HOURS

Monday - Friday
9 a.m. - 5 p.m.
Other appointment
times can be arranged

DESCRIPTION OF SERVICES OFFERED

Lost in a maze of choices with senior housing? Overwhelmed with details and information? Whether you're in a crisis situation or planning for the future we can save you time (and stress) in your search. This FREE service will first educate you on your housing and funding options, then guide you to a residence that meets your needs and your finances.

- You'll meet with us in the comfort of your own home, hospital, or skilled rehab where you'll view a portfolio of homes and receive information on all types of senior housing; such as, independent living, assisted living, adult foster care, continuum of care, nursing homes, adult day services and respite care.
- You'll gain knowledge on the type of housing and how much each may accommodate your needs, allowing you to narrow your search. Also, information on care levels, activity available and those that specialize in Memory Care.
- Cost of each residence and funding options will be discussed.
- Guidance through the entire placement process, along with suggestions and checklists to help you know your next step. We'll also continue to answer questions after placement and be your liaison for concerns or other community services needed.
- All this and it's absolutely a free service to you.

Alta Vista

ADDRESS

1365 E. Hammond Road

PHONE

231-709-0600

E-MAIL

info@altavistalivingtc.com

WEB

www.altavistalivingtc.com

CONTACT

Mary C.

HOURS

Monday - Friday
9:00 a.m. - 5:00 p.m.
By appointment
after hours

DESCRIPTION OF SERVICES OFFERED

Alta Vista is an upscale single-family housing community at 1365 Hammond Road in Traverse City, MI. The 2 and 3-bedroom, 2 bath homes are perfect for seniors who value their privacy and independent lifestyle. Alta Vista has a beautiful Community Lodge with a fitness center, workshop and pool stimulate activity and provide a save and relaxed way for residents to meet and mingle. New homes with garages start at \$138,500.

For those who are unable to maintain their home, a full menu of maintenance services is available at a modest cost from community management.

Cedar Creek Commons/ Cedar Creek Senior Apartments

ADDRESS

12047 S. Elk Run
Traverse City, MI 49684

PHONE

231-932-9121

FAX

231-932-9131

E-MAIL

dan@cedarcreektc.com

WEB

www.cedarcreektc.com

CONTACT

Dan Flansburg

HOURS

Monday - Friday
8:30 a.m. - 4:30 p.m.

DESCRIPTION OF SERVICES OFFERED

Cedar Creek Senior Apartments are a part of a complete Continuum of Care campus offering independent Living, Assisted Living, Skilled Nursing and Rehab and Long Term Care for Alzheimer's and Dementia Care. Cedar Creek Apartments offer independence in spacious one, two and three bedroom apartments with a homelike, elegant atmosphere. Located in beautiful Elmwood Twp in Leelanau County we are just 3.5 miles from downtown Traverse City. Cedar Creek is surrounded by lush wooded setting that provides a comfortable, eye pleasing environment in all four seasons. The TART Trail is just a short walk away and the Cedar Creek flows directly through the property. The 49 unit apartment building is the ideal place for those who enjoy getting to know their neighbors and feeling secure with the knowledge that they are living in a safe, secure and friendly neighborhood.

Cedar Creek Commons are part of a senior living and health care campus offering condominiums and independent living apartments. Cedar Creek is surrounded by nature, yet only 3 1/2 miles from downtown Traverse City. Our community offers daily activities, indoor pool, exercise area, dining and entertainment areas and a 14 passenger van for outings. The one, two, and three bedroom apartments allow you to choose the size of living space that you want and need for your personal belongings. Enjoy the comforts of home without the work that goes with it.

Culver Meadows

ADDRESS

Culver Meadows Senior Living:
1661 N. West Silver Lake Rd.
Traverse City, MI 49685
Phone: 231-943-9430
Fax: 231-943-9470

Culver Meadows AFC:

5840 Culver Rd.
Traverse City, MI 49685
Phone: 231-943-9421
Fax: 231-943-8247

E-MAIL

trina@culvermeadows.com
brad@culvermeadows.com
manager@culvermeadows.com

WEB

www.culvermeadows.com

CONTACT

Owner -
Trina Jewett: 231-633-5840

Owner -
Brad Jewett: 231-633-9421
Manager - 231-633-9430

HOURS

24 Hours a day
365 days a year

See our display ad on
the inside front cover

DESCRIPTION OF SERVICES OFFERED

- Licensed Adult Foster Care homes where we offer Alzheimer, Dementia & Hospice care and continuum of care
- Two great locations conveniently located close to downtown Traverse City
 - We offer Alzheimer, Dementia, & Hospice Care (through end of life) including continuum of care
 - 24 hour awake staffing
 - Providing a home like environment that is safe, secure, and clean
 - Alzheimer, Dementia, & Hospice Care provided at both locations

Hillview Terrace Apartments

ADDRESS

601 Fitzhugh Drive
Traverse City, MI 49684

PHONE

231-946-6540

E-MAIL

hillviewterrace@1sthousing.com

HOURS

Monday - Friday
9 a.m. - 5 p.m.

DESCRIPTION OF SERVICES OFFERED

Subsidized housing for elderly and disabled.

Welcome Home

Find your home at Hillview Terrace in Traverse City, MI. Our prime setting is a popular place to live. Our community staff is ready to help you find your new home. Come by to view the available floorplans. Contact us or drop by to find out the availability today and find your new home at Hillview Terrace.



HTA

Hillview Terrace
Apartments

Holli Care, LLC

ADDRESS

2062 N. US 31 S, Suite A
Traverse City, MI 49685

PHONE

231-943-1415

FAX

231-946-3611

E-MAIL

deborah@hollicare.com

WEB

www.hollicare.com

CONTACT

Deborah Nicholson

HOURS

Business Office
8 a.m. - 4 p.m.
On Call 24/7

See our display
ad on page 54

DESCRIPTION OF SERVICES OFFERED

Holli is an independent, locally owned and operated home health care agency serving the greater Grand Traverse region and is nationally accredited by the Accreditation Commission for Health Care. Built on the firm foundation of nursing principles, Holli Care believes that an individual is more than their diagnosis and takes a holistic approach to caregiving. With a mission of **Helping Others Live Life Independently**, Holli Care works with each client and family member to assure that their needs are met in a manner that strengthens independence and provides a high level of care with the dignity and respect they deserve!

Holli Care, LLC offers high quality home health care services (both medical and non-medical) to clients of all ages. With a focus on caregiver consistency and a team approach, Holli provides the following services:

Nursing:

- Care Management and Advocacy
- Private Duty Nursing
- Medication Management
- Blood Draws
- Foot Care
- Health Assessments
- Catheter and Colostomy Care

Home Health Aides/CNA's

- Personal Care
- Memory Care
- Homecoming
- Meal Preparation
- Light Housekeeping
- Companionship
- Bathing and Grooming
- Errands and Transportation
- Long and Short Term Care
- Respite Care
- Overnight Care
- 24/7 Care

Michigan Shores Cooperative

ADDRESS

641 Michigan Avenue,
Frankfort, MI 49635

PHONE

231-352-7217

FAX

231-352-7288

E-MAIL

shirley@michiganshores.net

WEB

www.michiganshores.net

CONTACT

Shirley Robert,
Corporate Manager

HOURS

Monday – Friday,
8 a.m. – 4 p.m.
Closed noon until one
for lunch

DESCRIPTION OF SERVICES OFFERED

Independent Senior Housing Community in Benzie County, situated on a majestic ridge overlooking Lake Michigan, tucked within 19 beautiful wooded acres. 54 one and two bedroom apartments, which vary in size from 676 ft² to 1488 ft². Members have the option to remodel or redecorate to reflect their personal taste and lifestyles. Enjoy a private balcony or patio, air conditioned living room, carpeted living room and bedrooms, ceramic tile kitchen and bathrooms. Refrigerator, dishwasher, garbage disposal, stove and exhaust fan. Some apartments have walk-in closets. Common amenities include the Great Room for dining and parties, community kitchen, meeting room, lounges with fireplaces, overnight guest rooms at a nominal fee, Fitness Center, laundry rooms, workshops, libraries and storage rooms. Enjoy activities like pinochle, bridge, happy hour, movie night, potlucks, bonfires, cookout, outdoor concerts, talent shows, writers group, Friday lunches, needlers groups and ladies teas.

Options for Senior Living, LLC

ADDRESS

3199 Logan Valley Road
Traverse City, MI 49684

PHONE

231-935-4735

E-MAIL

kim@options4seniorliving.com
michele@options4seniorliving.com

WEB

www.options4seniorliving.com

CONTACT

Kim Bauml,
Senior Care Consultant/Owner
Michele Gentry,
Senior Care Consultant

HOURS

Monday - Friday
9 am - 5 pm
Evenings & weekends
by appointment

DESCRIPTION OF SERVICES OFFERED

A Free Referral Service providing senior housing options.

Our services include:

- A confidential consultation, at no charge
- Property profiles including: photos, costs, room dimensions, amenities and activities, as well as dining and care options
- Schedule and provide escorted tours to properties of interest to you and your family members
- Act as your liaison with the community that you select, to ensure your complete satisfaction

The Hawthorn Lofts - Grand Traverse Pavilions

ADDRESS

523 Cottage Arbor Lane,
Traverse City, MI 49684

PHONE

231-932-3000

FAX

231-932-3033

E-MAIL

smack@gtpavilions.org

WEB

www.gtpavilions.org

CONTACT

Shelby Mack
231-933-3045

HOURS

Monday - Friday
8 a.m. - 4:30 p.m.

See our display ad
on the back cover.

DESCRIPTION OF SERVICES OFFERED

The Hawthorn Lofts offer independent living to active older adults. The Lofts feature studio and two bedroom apartments with fireplaces (except studio). There are breathtaking views of Grand Traverse Commons.

Owned by Grand Traverse County, Hawthorn Lofts are governed by the Grand Traverse County Department of Human Services Board. Annual leases are required.

Standard:

- Full kitchens and baths with state-of-the-art appliances
- Parking
- All utilities (except cable and phone)
- Handyman services
- Washers & dryers
- Walk-in closets
- Building & grounds maintenance
- Individually-controlled heat & air conditioning
- Access to Wi-Fi
- Pets welcome, limit 35 pounds
- Smoke-free environment
- Scheduled special events

Additional Amenities:

- Priority placement in continuum of care
- Local transportation
- Salon/barber shop
- Meal, housekeeping, & laundry packages
- Emergency call system
- Personal care services



The Village at Bay Ridge

ADDRESS

3850 Scenic Ridge
(off Silver Lake Road)
Traverse City, MI 49684

PHONE

231-995-9385

FAX

231-932-7986

E-MAIL

dmunger@heritagepmi.com

CONTACT

Darci Munger,
Community Manager

Nate Moore,
Assistant Community
Director

Jennie Arguello,
Marketing

HOURS

Monday - Friday
8 a.m. - 5 p.m.
Saturday by Appointment

DESCRIPTION OF SERVICES OFFERED

The Village at Bay Ridge caters to those 55 years of age and older. Designed for independent living, you can enjoy the luxuries and comfort of your own home without the work and worry. Bay Ridge features spacious one and two bedroom apartment homes, outstanding community areas and a vast array of services.

Community Features:

- Barrier free accessibility
- Covered entrance portico
- 24-hour entry intercom system
- Private interior mail boxes
- Conveniently located elevators
- Central air conditioning
- Resident convenience store
- Centrally located coin-free laundry
- Mini-theatre for movies
- Card/game room with pool table
- Library with fireplace and grand piano
- Outdoor patio with tables, chairs and umbrellas, and beautifully landscaped grounds
- Trash room on each floor
- Maintenance service
- Outstanding location close to parks, shopping, and other neighborhood amenities
- Assisted living available on campus

Apartment Features:

- Fully equipped kitchen with full size frost-free refrigerator, disposal and electric range
- Bathroom with step-in shower or tub
- Window treatments
- Wall-to-wall carpeting in living room and bedroom
- Individually controlled AC and heat
- Private balcony or patio
- Cable television with extended basic
- Emergency call system



Assisted Living

- Alliance for Senior Housing, LLC
- Arbor House Assisted Living
- Bay Ridge Assisted Living Center
- Boardman Lake Glens
- Culver Meadows
- Effie's Place
- Elk Rapids Assisted Living
- French Manor Assisted Living
- Grand Traverse Pavilions
- Holli Care, LLC
- Joy Givers Senior Home
- Options for Senior Living, LLC
- Orchard Creek Assisted Living
- The Cottages: Assisted Living Community
- Grand Traverse Pavilions



Alliance for Senior Housing, LLC

ADDRESS

We provide Home Visits.
(Mailing Address Only -
7944 Kingsley Rd.,
Kingsley, MI 49649)

PHONE

231-263-4040
888-816-4040

E-MAIL

connie@
allianceforseniorhousing.com

WEB

www.allianceforseniorhousing.com

CONTACT

Connie Hintsala, owner

HOURS

Monday - Friday
9 a.m. - 5 p.m.
Other appointment
times can be arranged

DESCRIPTION OF SERVICES OFFERED

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- You'll meet with us in the comfort of your own home, hospital, or skilled rehab where you'll view a portfolio of homes and receive information on all types of senior housing; such as, independent living, assisted living, adult foster care, continuum of care, nursing homes, adult day services and respite care.
- You'll gain knowledge on the type of housing and how much each may accommodate your needs, allowing you to narrow your search. Also, information on care levels, activity available and those that specialize in Memory Care.
- Cost of each residence and funding options will be discussed.
- Guidance through the entire placement process, along with suggestions and checklists to help you know your next step. We'll also continue to answer questions after placement and be your liaison for concerns or other community services needed.
- All this and it's absolutely a free service to you.

Arbor House Assisted Living

ADDRESS

6901 Mission Ridge
Traverse City, MI 49686

PHONE

231-935-3772

E-MAIL

arborhousealh@aol

WEB

www.arborhousealh.com

CONTACT

Cindy Robertson

HOURS

24/7

DESCRIPTION OF SERVICES OFFERED

Established, licensed assisted living home offering long term care, dementia care, and quality end of life care in a peaceful setting on Old Mission Peninsula.

- Trained direct care workers
- Registered nurse (RN) on staff
- Visiting doctor
- Staffed 24 hours a day
- Medications monitored
- Medical and dental transportation
- Large private rooms
- In-home physical/ occupational therapy

Bay Ridge Assisted Living Center

ADDRESS

3825 Scenic Ridge
(off Silver Lake Road),
Traverse City, MI

PHONE

231-932-9757

FAX

231-932-8376

E-MAIL

kbigelow@heritagepmi.com

WEB

www.villageatbayridge.com

CONTACT

Linda Bigelow -
Administrator
Lyndy Kupferer - LPN
Maureen Belcher -
Office Manager

HOURS

Monday - Friday
8 a.m. - 5 p.m.
or by appointment

DESCRIPTION OF SERVICES OFFERED

Bay Ridge Assisted Living Center is available to individuals who require, or desire, assistance with personal care including activities of daily living and medications. Our Terrace serves the specialized needs of persons with dementia. This living center is designed to serve the elderly whose needs are primarily non-medical support services.

- Caring, competent staff 24 hours, seven days a week
- Three nutritious meals prepared daily by our staff and served in our dining room, plus a variety of snacks available throughout the day
- Medication management, overseen by a professional nurse
- Planned activities that are socially, spiritually, physically and mentally stimulating
- Housekeeping and laundry services
- Assistance with personal care including bathing and dressing
- As you need it assistance - help where it is needed and encouragement to be as self-sufficient and independent as possible
- Specialized care in a secure environment for individuals with Alzheimer's disease and dementia
- Respite care and daycare available
- Independent living available on campus

Boardman Lake Glens

ADDRESS

1400 Brigadoon Court
Traverse City, MI 49686

PHONE

231-941-1919

FAX

231-941-1818

E-MAIL

info@boardmanlakeglens.com

WEB

boardmanlakeglens.com

CONTACT

Ann McMann

HOURS

24 Hours

SERVICES PROVIDED

- Assisted Living
- Three delicious chef-prepared meals each day
- Hair salon and library
- Shopping and dining trips
- Exercise groups and activities
- Special events and outings
- Worship services
- Wellness programs
- Full-time registered nurse
- Individualized care plans
- Regular health monitoring
- Medication reminders
- Emergency call system
- 24-hour personal assistance
- Scheduled transportation
- Weekly housekeeping and laundry
- Utilities including cable TV and Wi-Fi Internet (phone excluded)

DESCRIPTION OF SERVICES OFFERED

Boardman Lake Glens is Traverse City's premier senior living community; ideally situated on the quiet, picturesque shores of the Boardman Lake. Our small, intimate retirement community offers both independent and assisted living lifestyles in all our beautiful lakeside apartments. This gives you the ultimate flexibility. Should you need additional services, there is no need to move; those services are available to you right in the comfort of your current apartment. Each spacious apartment has a full kitchen, full bathroom, one or two bedrooms, and a view toward the lake. Our residents enjoy all the great cultural, educational, and recreational resources that the "Cherry Capital" has to offer. You'll enjoy shopping, fine dining, and being close to the Grand Traverse Mall, Munson Medical Center, Grand Traverse Bay, and Old Mission Peninsula.



Great neighbors, caring staff, delicious food, engaging activities, a beautiful setting and services tailored to meet your needs . . . at Boardman Lake Glens, it all adds up to *a great place to call home.*

- Assisted & independent living in a picturesque setting
- Private one and two bedroom apartments available
- Full calendar of activities & scheduled transportation
- Three chef-prepared, nutritious meals per day

Call Ann McMann to schedule a tour. **231-225-4903**

1400 Brigadoon Ct, Traverse City • BoardmanLakeGlens.com

Culver Meadows

ADDRESS

Culver Meadows Senior Living:

1661 N. West Silver Lake Rd.
Traverse City, MI 49685

Phone: 231-943-9430

Fax: 231-943-9470

Culver Meadows AFC:

5840 Culver Rd.
Traverse City, MI 49685

Phone: 231-943-9421

Fax: 231-943-8247

E-MAIL

trina@culvermeadows.com

brad@culvermeadows.com

manager@culvermeadows.com

WEB

www.culvermeadows.com

CONTACT

Owner - Trina Jewett: 231-633-5840

Owner - Brad Jewett: 231-633-9421

Manager - 231-633-9430

HOURS

24 Hours a day

365 days a year

See our display ad on
the inside front cover

DESCRIPTION OF SERVICES OFFERED

- Licensed Adult Foster Care homes where we offer Alzheimer, Dementia & Hospice care and continuum of care
- Two great locations conveniently located close to downtown Traverse City
- We offer Alzheimer, Dementia, & Hospice Care (through end of life) including continuum of care
- 24 hour awake staffing
- Providing a home like environment that is safe, secure, and clean
- Alzheimer, Dementia, & Hospice Care provided at both locations

Effie's Place

ADDRESS

300 Grand Avenue
Leland, MI 49654

PHONE

231-256-8874

FAX

231-944-2258

E-MAIL

effies@baruchseniorministries.org

WEB

effiesplace_baruchsls.org

CONTACT

House Manager

HOURS

24 Hour Care

Business Hours

Monday - Friday

8:30 a.m. - 5 p.m.

See our display
ad on page 46

DESCRIPTION OF SERVICES OFFERED

- Assistance with personal care and specialized health care needs.
- Medication assistance
- Trained staff on site 24 hours
- House keeping
- Room maintenance
- All meals & snacks provided
- Personal laundry & linen services
- Life enrichment activities & events
- Ongoing monitoring of health care needs
- Palliative and comfort care (via 3rd party)



Elk Rapids Assisted Living

ADDRESS

215 Rivershore Drive
Elk Rapids, MI 49629

PHONE

231-264-9507

E-MAIL

elkrapidsassistedliving@gmail.com

WEB

elkrapidsassistedliving.com

CONTACT

Carrie Hunt

HOURS

24 hours per day,
7 days a week

DESCRIPTION OF SERVICES OFFERED

Welcome to a place you'll love to call Home! At Elk Rapids Assisted Living we provide a safe friendly environment that helps our residents enjoy their later years and make every day count. Our residents are comfortable in our small intimate setting that makes them feel right at home. Our staff treats every resident as a member of our family. Our daily goal is to keep the best interests of our residents as our top priority by providing the services they want and need to support their preferences and lifestyle. Caring staff, great food and professional care is what we provide here.

- Socialization and tender loving care from our specially selected and trained 24 hour awake staff
- Medication management
- Wireless call system
- Home cooked meals, snacks and includes special diets
- Daily social activities offered
- ADL Assistance
- Local amenities within walking distance
- Home-like atmosphere
- Laundry and Housekeeping
- Local Nurse Practitioner makes house calls

Respite and Day services provided - Call for availability

We treat our elders like family offering not only the highest quality of care but also nurturing social and emotional health while providing true freedom in living.

Licensed by the State of Michigan Family owned and operated/All staff trained & CPR/FA certified.

French Manor Assisted Living

ADDRESS

908 W. 7th Street
Traverse City, MI 49684

PHONE

231-929-813 ext. 7

FAX

231-929-8134

E-MAIL

rustya5@gmail.com

WEB

www.frenchmanorseniorliving.com

CONTACT

Rusty Ackerman

HOURS

9:00 a.m. - 5 p.m.
Monday - Friday

YOU'LL FEEL RIGHT AT HOME!
Unparalleled Senior Care
 (231) 929-8131 • FrenchManorSeniorLiving.com
 Kelly & Rusty Ackerman

NEW LOCATION NOW OPEN!
 DIRECTLY ACROSS FROM
 MUNSON MEDICAL CENTER

TRAVERSE CITY LOCATIONS

- French Manor Residential Care
908 West 7th St.
-
- Yorkshire Manor
3735 Yorkshire Dr.
-
- French Manor Extended Care
919 West 7th St.
-
- French Manor LaFranier
3090 LaFranier Rd.
-
- French Manor South
415 S. Elmwood Ave.

Grand Traverse Pavilions

ADDRESS

1000 Pavilions Circle
Traverse City MI 49684

PHONE

231-932-3052

FAX

231-932-3029

E-MAIL

cdelk@gtpavilions.org

WEB

www.gtpavilions.org

CONTACT

Carrie Delk, 231-932-3050

HOURS

Monday – Friday
8 a.m. - 4:30 p.m.

See our display ad on the back cover

DESCRIPTION OF SERVICES OFFERED

Recognized as the premier senior communities in Michigan, Grand Traverse Pavilions offers a multi-aged continuum of care on a campus that is unrivaled by its unique architecture, historic grounds and state-of-the-art amenities. The Pavilions consists of five primary service areas: Grand Traverse Medical Care; Intergenerational Community Center; Grand Traverse Pavilions Foundation; The Cottages: Assisted Living Community; and The Wellness Center. Owned by Grand Traverse County, the nationally-award-winning organization is operated by the Grand Traverse County Department of Human Services Board.

- Adult Day Care
- Assisted Living
- Independent Living
- Assisted Plus
- Aquatic Fitness/Wellness Classes
- Aquatic Therapy
- Dementia Care
- Long-Term Rehabilitation
- Long-Term Skilled Nursing Care
- Occupational Therapy
- Outpatient Therapy
- Overnight Respite
- Personal Training
- Physical Therapy
- Short-Term Rehabilitation
- Speech Therapy

Holli Care, LLC

ADDRESS

2062 N. US 31 S, Suite A
Traverse City, MI 49685

PHONE

231-943-1415

FAX

231-946-3611

E-MAIL

deborahn@hollicare.com

WEB

www.hollihomehealthcare.com

CONTACT

Deborah Nicholson

HOURS

Business Office
8 a.m. - 4 p.m.
On Call 24/7

See our display ad on page 54

DESCRIPTION OF SERVICES OFFERED

Holli is an independent, locally owned and operated home health care agency serving the greater Grand Traverse region and is nationally accredited by the Accreditation Commission for Health Care. Built on the firm foundation of nursing principles, Holli Care believes that an individual is more than their diagnosis and takes a holistic approach to caregiving. With a mission of **Helping Others Live Life Independently**, Holli Care works with each client and family member to assure that their needs are met in a manner that strengthens independence and provides a high level of care with the dignity and respect they deserve!

Holli Care, LLC offers high quality home health care services (both medical and non-medical) to clients of all ages. With a focus on caregiver consistency and a team approach, Holli provides the following services:

Nursing:

- Care Management and Advocacy
- Private Duty Nursing
- Medication Management
- Blood Draws
- Foot Care
- Health Assessments
- Catheter and Colostomy Care

Home Health Aides/CNA's

- Personal Care
- Memory Care
- Homecoming
- Meal Preparation
- Light Housekeeping
- Companionship
- Bathing and Grooming
- Errands and Transportation
- Long and Short Term Care
- Respite Care
- Overnight Care
- 24/7 Care



Joy Givers Senior Home

ADDRESS

7438 North Long Lake Road
Traverse City, MI 49685

PHONE

231-922-6793

E-MAIL

fredadreves@yahoo.com

WEB

Find us on Facebook @
Joy Givers Senior Home

CONTACT

Freda Dreves

HOURS

7:30 am - 9:00 pm

DESCRIPTION OF SERVICES OFFERED

We are an assisted living home with a home-like atmosphere, that has the smells of home-cooked meals. We have 19 residents who receive top-notch care from our team, who assist them with their basic needs and administering medications. They receive three home-cooked meals a day, along with snacks and drinks throughout the day.

We provide activities such as Bingo, Crafts and movie nights. Love and joy make our home a special place of Peace.

Options for Senior Living, LLC

ADDRESS

3199 Logan Valley Road
Traverse City, MI 49684

PHONE

231-935-4735

E-MAIL

kim@options4seniorliving.com
michele@options4seniorliving.com

WEB

www.options4seniorliving.com

CONTACT

Kim Bauml,
Senior Care Consultant/Owner
Michele Gentry,
Senior Care Consultant

HOURS

Monday - Friday
9 am - 5 pm
Evenings & weekends
by appointment

DESCRIPTION OF SERVICES OFFERED

A Free Referral Service providing senior housing options.

Our services include:

- A confidential consultation, at no charge
- Property profiles including: photos, costs, room dimensions, amenities and activities, as well as dining and care options
- Schedule and provide escorted tours to properties of interest to you and your family members
- Act as your liaison with the community that you select, to ensure your complete satisfaction

Orchard Creek Assisted Living

ADDRESS

9715 E. Cherry Bend Rd.
Traverse City, MI 49684

PHONE

231-932-9060

FAX

231-932-9055

E-MAIL

eleavey@orchardcreektc.com

WEB

www.orchardcreektc.com

CONTACT

Liz Leavey, LPN

HOURS

24 hours a day,
7 days a week

DESCRIPTION OF SERVICES OFFERED

Life at Orchard Creek's Assisted Living is vibrant, safe and full of activity. Choose from studio, one-or-two bedroom apartments, all ready for your furnishings. Outside balconies and patios on each apartment face the beautiful Orchard Creek or Recreational Trail. Located in beautiful Leelanau County, come see how gracious and elegant elder care can be.

We provide nutritious and delicious meals and snacks, daily housekeeping, medication administration, on-site barber/beauty shop, in-house visits by a podiatrist and health monitoring by our experienced, well-trained staff. A wide variety of services are customized for each resident. Rental rates are not increased as care increases. Activities are provided by our full-time Activities Director. Events and outings make life at Orchard Creek Assisted Living joyful and stimulating. One and two bedroom private apartments allow independence with the security of knowing that our 24 hour direct care staff are available when you need them.

The Cottages: Assisted Living Community Grand Traverse Pavilions

ADDRESS

1000 Pavilions Circle
Traverse City MI 49684

PHONE

231-932-3000

FAX

231-932-3033

E-MAIL

smack@gtpavilions.org

WEB

www.gtpavilions.org

CONTACT

Shelby Mack,
231-932-3045

HOURS

Monday – Friday
8 a.m. - 4:30 p.m.

See our display ad
on the back cover

DESCRIPTION OF SERVICES OFFERED

Considered a premier assisted living community, The Cottages at Grand Traverse Pavilions offers 78 studio and one-bedroom apartments. The apartments are housed in stately historic structures on park like Grand Traverse Commons. Modern amenities share comfortable accommodations within Victorian, Italianate, and Queen Anne architectural stylings. The Cottages are an integral part of Grand Traverse Pavilions, a continuum of care owned by Grand Traverse County and governed by Grand Traverse County Department of Human Services Board.

- Alzheimer's & related dementia care
- Access to continuum of care
- Aquatic therapy
- Barber/beauty services
- Housekeeping services
- Intergenerational activities
- Medication management
- Personal laundry services
- Physical therapy
- Occupational therapy
- Secure environment
- Short-term rehabilitation
- Social services
- Speech/language pathology
- Transportation
- Meal plan options
- Dining room service
- Life enrichment program



Continuum of Care

Alliance of Senior Housing, LLC
 Culver Meadows
 Grand Traverse Pavilions
 Holli Care, LLC
 Orchard Creek Assisted Living
 Orchard Creek Skilled Nursing and Rehabilitation Center
 Orchard Creek Supportive Care
 The Village at Bay Ridge



Alliance for Senior Housing, LLC

ADDRESS

We provide Home Visits.
(Mailing Address Only -
 7944 Kingsley Rd.,
 Kingsley, MI 49649)

PHONE

231-263-4040
 888-816-4040

E-MAIL

connie@
 allianceforseniorhousing.com

WEB

www.allianceforseniorhousing.com

CONTACT

Connie Hintsala, owner

HOURS

Monday - Friday
 9 a.m. - 5 p.m.
 Other appointment
 times can be arranged

DESCRIPTION OF SERVICES OFFERED

Lost in a maze of choices with senior housing? Overwhelmed with details and information? Whether you're in a crisis situation or planning for the future we can save you time (and stress) in your search. This FREE service will first educate you on your housing and funding options, then guide you to a residence that meets your needs and your finances.

- You'll meet with us in the comfort of your own home, hospital, or skilled rehab where you'll view a portfolio of homes and receive information on all types of senior housing; such as, independent living, assisted living, adult foster care, continuum of care, nursing homes, adult day services and respite care.
- You'll gain knowledge on the type of housing and how much each may accommodate your needs, allowing you to narrow your search. Also, information on care levels, activity available and those that specialize in Memory Care.
- Cost of each residence and funding options will be discussed.
- Guidance through the entire placement process, along with suggestions and checklists to help you know your next step. We'll also continue to answer questions after placement and be your liaison for concerns or other community services needed.
- All this and it's absolutely a free service to you.

Culver Meadows

ADDRESS

Culver Meadows Senior Living:
1661 N. West Silver Lake Rd.
Traverse City, MI 49685
Phone: 231-943-9430
Fax: 231-943-9470

Culver Meadows AFC:

5840 Culver Rd.
Traverse City, MI 49685
Phone: 231-943-9421
Fax: 231-943-8247

E-MAIL

trina@culvermeadows.com
brad@culvermeadows.com
manager@culvermeadows.com

WEB

www.culvermeadows.com

CONTACT

Owner -
Trina Jewett: 231-633-5840
Owner -
Brad Jewett: 231-633-9421
Manager - 231-633-9430

HOURS

24 Hours a day
365 days a year

*See our display ad on
the inside front cover*

DESCRIPTION OF SERVICES OFFERED

Licensed Adult Foster Care homes where we offer Alzheimer, Dementia & Hospice care and continuum of care

- Two great locations conveniently located close to downtown Traverse City
- We offer Alzheimer, Dementia, & Hospice Care (through end of life) including continuum of care
- 24 hour awake staffing
- Providing a home like environment that is safe, secure, and clean
- Alzheimer, Dementia, & Hospice Care provided at both locations

Grand Traverse Pavilions

ADDRESS

1000 Pavilions Circle
Traverse City MI 49684

PHONE

231-932-3052

FAX

231-932-3029

E-MAIL

cdelk@gtpavilions.org

WEB

www.gtpavilions.org

CONTACT

Carrie Delk, 231-932-3050

HOURS

Monday – Friday
8 a.m. - 4:30 p.m.

*See our display ad
on the back cover*

DESCRIPTION OF SERVICES OFFERED

Recognized as the premier senior communities in Michigan, Grand Traverse Pavilions offers a multi-aged continuum of care on a campus that is unrivaled by its unique architecture, historic grounds and state-of-the-art amenities.

The Pavilions consists of five primary service areas: Grand Traverse Medical Care; Intergenerational Community Center; Grand Traverse Pavilions Foundation; The Cottages: Assisted Living Community; and The Wellness Center. Owned by Grand Traverse County, the nationally-award-winning organization is operated by the Grand Traverse County Department of Human Services Board.

- Adult Day Care
- Assisted Living
- Independent Living
- Assisted Plus
- Aquatic Fitness/Wellness Classes
- Aquatic Therapy
- Dementia Care
- Long-Term Rehabilitation
- Long-Term Skilled Nursing Care
- Occupational Therapy
- Outpatient Therapy
- Overnight Respite
- Personal Training
- Physical Therapy
- Short-Term Rehabilitation
- Speech Therapy

Holli Care, LLC

ADDRESS

2062 N. US 31 S, Suite A
Traverse City, MI 49685

PHONE

231-943-1415

FAX

231-946-3611

E-MAIL

deborahn@hollicare.com

WEB

www.hollihomehealthcare.com

CONTACT

Deborah Nicholson

HOURS

Business Office
8 a.m. - 4 p.m.
On Call 24/7

See our display
ad on page 54

DESCRIPTION OF SERVICES OFFERED

Holli is an independent, locally owned and operated home health care agency serving the greater Grand Traverse region and is nationally accredited by the Accreditation Commission for Health Care. Built on the firm foundation of nursing principles, Holli Care believes that an individual is more than their diagnosis and takes a holistic approach to caregiving. With a mission of **Helping Others Live Life Independently**, Holli Care works with each client and family member to assure that their needs are met in a manner that strengthens independence and provides a high level of care with the dignity and respect they deserve!

Holli Care, LLC offers high quality home health care services (both medical and non-medical) to clients of all ages. With a focus on caregiver consistency and a team approach, Holli provides the following services:

Nursing:

- Care Management and Advocacy
- Private Duty Nursing
- Medication Management
- Blood Draws
- Foot Care
- Health Assessments
- Catheter and Colostomy Care

Home Health Aides/CNA's

- Personal Care
- Memory Care
- Homecoming
- Meal Preparation
- Light Housekeeping
- Companionship
- Bathing and Grooming
- Errands and Transportation
- Long and Short Term Care
- Respite Care
- Overnight Care
- 24/7 Care

Orchard Creek Skilled Nursing and Rehabilitation Center

ADDRESS

9731 E. Cherry Bend Rd.
Traverse City, MI 49684

PHONE

231-932-9272

FAX

231-932-9288

E-MAIL

info@orchardcreektc.com

WEB

www.orchardcreektc.com

CONTACT

Dezirae Lake,
Admissions Coordinator

HOURS

24 hours a day,
7 days a week

DESCRIPTION OF SERVICES OFFERED

Orchard Creek Skilled Nursing is a part of a complete Continuum of Care campus offering independent Living, Assisted Living, Skilled Nursing/ Rehab and Long Term Care for Alzheimer's/ Dementia Care. Orchard Creek Skilled Nursing and Rehab is a licensed Skilled Nursing Facility which provides short and long term rehab and skilled services to patients that have experienced an accident, stroke, elective surgery or other debilitating occurrence which requires rehabilitation by Physical, Occupational, or Speech Therapists or the assistance of Registered Nurses, Licensed Nurses and Certified Nursing Assistants 24 hours a day to return home. With only 22 rooms, all of which are private, you will get the therapy, care, and oversight and rest you need to get you back home as soon as possible. Orchard Creek is tucked into a wooded setting in Leelanau County only 3.5 miles from downtown Traverse City. The TART trail is right outside our back door and the Cedar Creek flows directly through our property. If you have to go to a nursing home, even for a short time, you should visit our facility or go to our website to see what we can offer.

- All private rooms
- Part of a complete Continuum of Care providing 4 levels of Senior Living and Health Care
- 24 hour Skilled Nursing Services by Registered and Licensed Nurses
- 24 hour Certified Nursing Assistants
- Chef prepared meals with multiple alternate food options
- Daily activities provided by a Certified Activity Director
- Physical, Occupational, and Speech Therapy
- Outpatient Therapy
- Aqua Therapy Pool
- Pharmacy, Laboratory and Radiology Services
- Registered Dietician
- Beauty/Barber Shop
- Housekeeping and Laundry Services
- Social Services and Mental Health Services
- Dementia and Alzheimer's Care on campus (Orchard Creek Supportive Care)
- Medicare Certified-Not Medicaid
- Acceptance of all pre-approved insurance policies including auto insurance
- Transportation to/from appointments- Handicapped accessible lift van available
- Ice Cream Parlor- Stop in for a tour and free ice cream cone
- Wireless Internet Access

Orchard Creek Supportive Care

ADDRESS

9739 E. Cherry Bend Rd.
Traverse City, MI 49684

PHONE

231-932-9020

FAX

231-932-7172

E-MAIL

jasper@orchardcreektc.com

WEB

www.orchardcreektc.com

CONTACT

Jenee Asper, RN

HOURS

24 hours a day,
7 days a week

DESCRIPTION OF SERVICES OFFERED

Opened in 2007, this state of the art home was built for the comfort, safety and care of residents who may require more assistance and/or security than a typical Assisted Living might be able to provide. Each of the 20 private suites includes a full handicapped accessible bathroom. We provide a high ratio of staff to residents to allow for individual attention and one-on-one activities as well as group events, parties, exercise and play. Whether having meals in our dining room, listening to music by the fireplace, playing games in the activities area, enjoying the outdoors, in our courtyard, going on an outing in the community, or watching movies in the family room, our residents enjoy a variety of venues throughout the day. We strive to make every day pleasant, interesting and worth living to the fullest. Visitors are always welcome at OCSC!

Licensed for Adult Foster Care, we provide quality care and service with a staff that includes: An On-Call physician, experienced manager, licensed nurse supervisors, trained direct caregivers, full-time Activities Director, housekeepers and kitchen personnel. We offer fine dining, activities, accompanied strolls down the adjacent TART trail, barber/beautician services, medication administration, outings in the community, laundry, housekeeping and an atmosphere of care and support for every resident.

The Village at Bay Ridge

ADDRESS

3850 Scenic Ridge
(off Silver Lake Road)
Traverse City, MI 49684

PHONE

231-995-9385

FAX

231-932-7986

E-MAIL

dmunger@heritagepmi.com

WEB

www.villageatbayridge.com

CONTACT

Darci Munger,
Community Manager

Nate Moore,
Assistant Community
Director

Jennie Arguello,
Marketing

HOURS

Monday - Friday
8 a.m. - 5 p.m.
Saturday by Appointment

DESCRIPTION OF SERVICES OFFERED

The Village at Bay Ridge Retirement Community is now in its fifteenth year of providing quality housing for seniors in Traverse City. In November of 2000 our first residents moved into the West building where they are still happily enjoying retirement living. In 2006 we expanded to a second Independent Living building and are now providing a Continuum of Care in our Bay Ridge Assisted Living Center. Independent Living caters to those 55 and older featuring one and two bedroom apartment homes, outstanding community areas and a vast array of activities and services.

Bay Ridge Assisted Living Center is available to individuals who require or desire, primarily non-medical support services and assistance with personal care including activities of daily living and medications. Our Terrace serves the specialized needs of persons with dementia and Alzheimers disease.

Assisted Living:

- Caring, competent staff 24 hours, seven days a week
- Three nutritious meals prepared daily by our chef
- Medication management, overseen by a professional nurse
- Planned activities that are socially, spiritually, physically and mentally stimulating
- Housekeeping and laundry services
- Assistance with personal care including bathing and dressing
- As you need it assistance - help where it is needed and encouragement to be as self sufficient and independent as possible
- Specialized care in a secured environment for individuals with Alzheimers and dementia

Independent Living:

- Fully equipped kitchen with full size frost-free refrigerator, disposal and electric range
- Bathroom with step-in shower or tub
- Window treatments
- Wall-to-wall carpeting in living room and bedroom
- Individually controlled AC and heat
- Private balcony or patio
- Cable television with extended basic
- Emergency call system



In Home Care

BrightStar Care of Northern Michigan
 Compassionate Care Home Health Services, Inc
 Holli Care, LLC
 Monarch Home Health Services
 Munson Healthcare Home Health



BrightStar Care of Northern Michigan

ADDRESS
 3191 Logan Valley Road
 Traverse City, MI 49684

PHONE
 231-929-7827

FAX
 231-929-7829

E-MAIL
 j.zimmerman@BrightStarCare.com

WEB
 www.BrightStarCare.com

CONTACT
 John Zimmerman

HOURS
 24/7

- DESCRIPTION OF SERVICES OFFERED**
- Companion Care
 - Personal Care
 - Bathing
 - Toileting
 - Transportation
 - Medication Management
 - Care Management Services
 - Skilled Nursing
 - Catheter Care
 - Bowel Program
 - In-Home Infusions
 - Wound Care
 - Ventilator Care
 - Hospital Transitional Care

Compassionate Care Home Health Services, Inc.

ADDRESS

3134 Logan Valley Road
Traverse City, MI 49684

PHONE

231-929-5491

FAX

231-929-5493

E-MAIL

info@ccaremi.com

WEB

www.compassionatecaremi.com

HOURS

24/7

COVERAGE AREA

Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Lake, Leelanau, Mason, Manistee, Mecosta, Missaukee, Osceola and Wexford. For additional statewide coverage please refer to our website.

DESCRIPTION OF SERVICES OFFERED

It is the mission of Compassionate Care Home Health Services, Inc. to promote recovery and independence to those in need by providing the highest quality of proactive, result oriented and compassionate care for each client in the comfort of their own home. Compassionate Care Home Health Services schedules a visit at the client's home or in any facility setting to assess the needs of yourself or a loved one. Together we will develop a plan of care to best meet the individual's needs. A supervisor is available 24 hours a day, 7 days a week for any questions or concerns that may arise. Compassionate Care Home Health Services works with clients, their families, and other organizations to assure quality home care.

SERVICES PROVIDED

- Attendant Care/Replacement Services
- Catheter care
- Companion/Homemaker
- Coordinated Personal / Skilled care
- Coordination of medical services
- Customized services to meet each client's needs
- Home health aide/Certified nursing assistants
- Errand Services
- Live in care
- Medication set up
- Nail care
- Nursing
- Pediatric to geriatric
- Respite Care
- Wound care

Holli Care, LLC

ADDRESS

2062 N. US 31 S, Suite A
Traverse City, MI 49685

PHONE

231-943-1415

FAX

231-946-3611

E-MAIL

deborahn@hollicare.com

WEB

www.hollihomehealthcare.com

CONTACT

Deborah Nicholson

HOURS

Business Office
8 a.m. - 4 p.m.
On Call 24/7

See our display
ad on page 54

DESCRIPTION OF SERVICES OFFERED

Holli is an independent, locally owned and operated home health care agency serving the greater Grand Traverse region and is nationally accredited by the Accreditation Commission for Health Care. Built on the firm foundation of nursing principles, Holli Care believes that an individual is more than their diagnosis and takes a holistic approach to caregiving. With a mission of **Helping Others Live Life Independently**, Holli Care works with each client and family member to assure that their needs are met in a manner that strengthens independence and provides a high level of care with the dignity and respect they deserve!

Holli Care, LLC offers high quality home health care services (both medical and non-medical) to clients of all ages. With a focus on caregiver consistency and a team approach, Holli provides the following services:

Nursing:

- Care Management and Advocacy
- Private Duty Nursing
- Medication Management
- Blood Draws
- Foot Care
- Health Assessments
- Catheter and Colostomy Care

Home Health Aides/CNA's

- Personal Care
- Memory Care
- Homecoming
- Meal Preparation
- Light Housekeeping
- Companionship
- Bathing and Grooming
- Errands and Transportation
- Long and Short Term Care
- Respite Care
- Overnight Care
- 24/7 Care

Monarch Home Health Services

ADDRESS

821 S. Elmwood Avenue
Suite D
Traverse City, MI 49684

PHONE

231-932-0708

FAX

231-932-1264

E-MAIL

laura@monarchhomehealth.com

WEB

www.monarchhomehealth.com

CONTACT

Amy Northway

HOURS

24 hours a day
7 days a week
Office hours:
Monday - Friday
8:30 a.m. - 4:30 p.m.

DESCRIPTION OF SERVICES OFFERED

We pride ourselves on delivering the utmost in professional care and service for you and your family. It's not enough for us to simply show up. We go above and beyond for every client, every family member, every caregiver - every time. Our staff is highly trained to provide exceptional care, from the first phone call to every home visit thereafter. We love what we do, now what can we do for you?

Registered Nursing Services

- Medication management
- Private duty nursing
- Blood draws
- Developed care plan

Foot Care Services

- Provided by a licensed LPN/RN
- Diabetic foot care
- Relaxing foot soak
- Full-foot assessment
- Trimming and filing of toenails
- Moisturizing foot run
- Removal of calluses and corns
- Treatment of fungal nails

Caregiving Services

- Personal care
- Conversation and Companionship
- Diabetic care
- Respite care
- Transportation
- Medication reminders
- Light Housekeeping
- 24/7 Care
- Laundry
- Bathing and grooming
- Meal preparation
- Grocery shopping and errands
- Vacation/special event support
- Overnight care

Munson Healthcare Home Health

MAILING ADDRESS

1105 Sixth Street,
Traverse City, MI 49684
**We service over 20 counties in Michigan!*

PHONE

800-252-2065

FAX

231-935-9116

E-MAIL

homehealth@mhc.net

WEB

munsonhomehealth.org

HOURS

Office M-F,
8 a.m. - 5 p.m.
Care is provided 24/7,
based on patient need

DESCRIPTION OF SERVICES OFFERED

Munson Home Care

Providing skilled intermittent nursing and therapy services including physical, speech, and occupational therapy, home infusion, home health aide, and medical social work services. Ask your physician about a referral.

Munson Home Medical Equipment

Medical equipment and supplies conveniently delivered to the home or available at walk-in retail locations in Traverse City, Cadillac, and Gaylord.

Munson Hospice

Your community based non-profit hospice providing compassionate end-of-life care in the home, hospital, nursing facility, or at Munson Hospice House in Traverse City.

Munson Medical Alert System

A comprehensive alert system that helps maintain independence so patients feel safe again, 24 hours a day. We offer a variety of options with competitive pricing and a local name you can trust!

Munson Palliative Care

Providing quality care to patients with a life-limiting illness to ease pain and suffering in addition to assisting with treatment decisions.

Munson Private Duty

Providing long or short-term care in the home or community including nursing, personal care (bathing, dressing, grooming), help with chores, caregiver respite, meal preparation, and companionship.

Transportation Services

Affordable and wheelchair accessible transportation services to and from medical and other appointments.



Miscellaneous

- Bay Medical Transport
- Cherry Hill Haven of Kalkaska
- Cherry Hill Haven of Traverse City
- Chronic Care Management
- Grand Traverse Pavilions
- Kalkaska Commission on Aging
- Kellie Sergent, Realtor, Century 21 Northland
- Nursing Facility Transition Program
- Senior Real Estate Specialists of Real Estate One



Bay Medical Transport

ADDRESS
 PO Box 340
 Acme, MI 49610

PHONE
 231-307-4555

E-MAIL
 baymedicaltrans@gmail.com

WEB
 baymedicaltransport.com

CONTACT
 Tim E. OnderLinde,
 President/CEO

HOURS
 Monday – Friday
 7 a.m. - 6:00 p.m.

DESCRIPTION OF SERVICES OFFERED

At Bay Medical Transport, we provide a full range of non-emergency medical transportation services. Our wheelchair and ambulatory service involves getting a patient to and from the source of medical care needed when the medical condition is not life threatening. Our commitment is to provide prompt, courteous yet affordable transportation services for hospital, nursing homes, long-term care facilities and health care networks that coordinate non-emergency medical transportation to best fit the needs of their clients.

Bay Medical Transport understands the need for transportation services to the growing under-served communities located in rural areas of Northern Michigan. We feel we are uniquely qualified to fill that transportation void to every person requiring affordable, save transportation and to those who do not have the ability to drive.

Cherry Hill Haven of Kalkaska

ADDRESS

3412 American Way
Williamsburg, MI 49690

PHONE

231-258-5900

WEB

cherryhillkalkaska.baruchsls.org

CONTACT

House Manager

HOURS

24 Hour Care
Business Hours
Monday - Friday
8:30 a.m. - 5 p.m.

DESCRIPTION OF SERVICES OFFERED

- Memory and Specialized Care
- Assistance with personal care and specialized health care needs
- Medication assistance
- Trained staff on site 24 hours
- House keeping
- Room maintenance
- All meals & snacks provided
- Personal laundry & linen services
- Life enrichment activities & events
- Ongoing monitoring of health care needs
- Palliative and comfort care (via 3rd party)

Cherry Hill Haven of Traverse City

ADDRESS

4885 N. Long Lake Road
Traverse City, MI 49684

PHONE

231-645-2341

FAX

231-933-0706

E-MAIL

cht@baruchsls.org

WEB

cherryhilltraverse.baruchsls.org

CONTACT

Administrator

HOURS

24 Hour Care
Business Hours
Monday - Friday
8:30 a.m. - 5 p.m.

DESCRIPTION OF SERVICES OFFERED

- Memory and Specialized Care
- Assistance with personal care and specialized health care needs
- Medication assistance
- Trained staff on site 24 hours
- House keeping
- Room maintenance
- All meals & snacks provided
- Personal laundry & linen services
- Life enrichment activities & events
- Ongoing monitoring of health care needs
- Palliative and comfort care (via 3rd party)
- Secure coded entry homes



CHERRY HILL HAVEN OF TRAVERSE CITY

4885 N. Long Lake Rd., Traverse City, MI 49684
PH: 231-645-2341 • FX: 231-933-0706

CHERRY HILL HAVEN OF KALKASKA

3412 American Way, Williamsburg, MI 49690
PH: 231-258-5900



EFFIE'S PLACE

300 Grand Ave, Leland, MI 49654
PH: 231-256-8874 • FX: 231-994-2258

PROGRAMS OF BARUCH SENIOR MINISTRIES

Chronic Care Management

ADDRESS

4020 Copperview Drive
Suite 104
Traverse City, MI 49684

PHONE

231-421-6921

FAX

231-421-7852

E-MAIL

ccm@chronic-care.net

WEB

www.chronic-care.net

CONTACT

Julie H. / Melinda

HOURS

Monday – Friday
8:00 a.m. - 4:30 p.m.

DESCRIPTION OF SERVICES OFFERED

We are Licensed Practitioners, Podiatrists, Nurses, Social Workers, Dietitians, and Massage Therapists that assist in the medical management of the chronically ill patients.

Our goal is to improve the patients quality of life, while upholding the importance of the patient centered medical home, and respecting the provider/patient-physician relationship.

Grand Traverse Pavilions

ADDRESS

1000 Pavilions Circle
Traverse City MI 49684

PHONE

231-932-3000

FAX

231-932-3033

E-MAIL

smusser@gtpavilions.org

WEB

www.gtpavilions.org

CONTACT

Sarah Musser
231-932-3650

HOURS

Monday – Friday
8 a.m. - 5 p.m.

See our display ad
on the back cover

DESCRIPTION OF SERVICES OFFERED

Adult day services and overnight respite provide a welcome break for care givers and an opportunity for socialization for the individual in need of attention. Participants must be 18 years or older. He or she must be ambulatory (with or without assist) or self-propelling in a wheelchair.

Adult day services are billed in 4 hour increments. Within that time frame, participants receive snacks, a hot lunch, and comprehensive activity program.

Overnight respite is offered on a 24-hour basis within a weekly or monthly options.

Participants in adult day or overnight respite must be able to transfer independently or with the assistance of one individual. He or she must be continent (or able to control incontinence with briefs).

Communication is important to the integration of participants in the adult day experience. An ability to communicate is essential.

Pre-registration is required for both the adult day program and overnight respite.

Transportation is available within a 20-mile radius (one way) from Grand Traverse Pavilions. The service begins at 8 a.m. and concludes with drop offs starting at 3 p.m. The cost is \$5 each way. Financial assistance may be available to qualified participants.

Kalkaska Commission on Aging

ADDRESS

303 S. Coral Street
Kalkaska, MI 49646

PHONE

231-258-5030

FAX

231-258-1183

E-MAIL

jwillison@kalkaskacounty.org

WEB

www.kalkaskacounty.net

CONTACT

Jodi Willison

HOURS

Monday - Friday
8 a.m. - 4:30 p.m.

DESCRIPTION OF SERVICES OFFERED

The Kalkaska Commission on Aging services are designed to create opportunities for individuals to attain an independent quality of life while maintaining their dignity. Our goal is to assist seniors to stay safe, healthy, and independent in their own homes. We ensure that each individual's comprehensive - whole person - physical, emotional, social and intellectual - needs are met through partnerships and individual care plans.

After a confidential home-assessment, a care plan is developed and out clients are carefully matched with a caregiver.

Services provided by the COA are intended for individuals 60 years of age or older and free of charge, by donation or fee by sliding scale according to household income.

IN HOME SERVICE

- Housekeeping
- Bathing and Personal Care Assistance
- Respite for caregivers
- Friendly visitor
- Service with Love/Phone Reassurance

SERVICES AVAILABLE WITH REFERRAL

- Guardian Alert (Emergency Response Button)
- Project Lifesaver (GPS Monitoring Device)
- Senior Companion Program

BY APPOINTMENT ONLY

- Foot Care Clinic (By COA RN)
- Medicare/Medicaid Assistance
- Estate Planning
- Medical Transportation

Kellie Sergent, Realtor Century 21 Northland

ADDRESS

116 River Street
Elk Rapids, MI 49629

PHONE

231-499-1814

E-MAIL

kelliesergent@outlook.com

WEB

www.kelliesergent.c21.com

CONTACT

Kellie Sergent

HOURS

All the Time

DESCRIPTION OF SERVICES OFFERED

I am a Full Time Realtor that is able to offer my clients a comprehensive marketing package when listing their home of estate.

I have worked with sellers and their families throughout this region and pride myself on my professionalism. Trust is one thing that is a non-negotiable and I want each client to know this. Making the decision to sell a beloved home can be a difficult on. I am here to assist that process. I am also able to help a buyer locate a new home or condo in the area.

For any of your real estate needs, please don't hesitate to reach out.

Nursing Facility Transition Program

CONTACT

Area Agency on Aging of Northwest Michigan

www.aaanm.org
 1609 Park Drive,
 PO Box 5946
 Traverse City, MI 49696-5946
 800-442-1713 or
 231-947-8920
 Monday – Friday,
 8 a.m. - 4:30 p.m.

Northern Health Care Management

www.northernlakescmh.org
 105 Hall Street, Suite D
 Traverse City, MI 49684
 800-640-7478 or
 231-933-4917
 Monday – Friday,
 8 a.m. - 5 p.m.

DESCRIPTION OF SERVICES OFFERED

This program helps people return to the community from a Nursing Home.

Eligibility: Eligible persons are 18 years of age and older who live in a nursing facility, are financially eligible for Medicaid, and want to live in a home-like setting in the community.

How the program can help: The program helps eligible persons return to their own home, move in with family members or friends, move into a licensed adult foster care home or locate new housing in the community. Additionally, eligible persons are provided help in arranging for Support Services (such as establishing a household, home modifications, and connections to services like Meals on Wheels, rides, bathing/grooming assistance, etc.).

Coverage area: Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee and Wexford Counties

How to learn more: Contact the Intake Specialist at either organization in Northwest Michigan (listed at left)

Senior Real Estate Specialists of Real Estate One

ADDRESS

521 Randolph St.,
 Traverse City, MI 49684

CONTACTS

Nancy Albrecht

231-409-4444
 nancy@nancyalbrecht.com

Dave Hauser

231-620-5750
 dave@davehauser.net

FAX

231-933-1644

COVERAGE AREA

Throughout the Grand Traverse area, including Leelanau, Antrim, Benzie, Grand Traverse, and Kalkaska counties.

DESCRIPTION OF SERVICES OFFERED

We provide real estate services especially tailored to the specific needs of clients who are 55 and older. In addition to traditional real estate services, we have built a broad network of experts who can advise our senior clients on a wide range of issues commonly encountered by seniors in our community.

Real Estate services for seniors require an extra measure of expertise that goes above and beyond services provided by most other real estate professionals. While younger clients typically want to enlarge, upgrade, or have more room for a growing family; seniors most often need to downsize and simplify their lives. Perhaps you're tired of maintaining that old house or some physical change has brought about a need or desire to downsize. As we age, the buying and selling process often becomes more complicated. That is why you want to have a specially trained expert by your side.

We are Realtors who specialize in assisting seniors with more complex real estate needs. We reached out to get the specialized training needed to better serve our older clients. It is our goal to make living transitions as easy and as comfortable as possible. Our non-real estate network partners are there to help through the process. Those non-real estate experts consist of:

- People who can prepare homes for the market
- Experts in downsizing and liquidating unwanted and unneeded personal property
- Eldercare Lawyers
- Medicare/Medicaid specialists
- Tax and financial professionals
- People who can stage homes for sale
- Experts who can provide home health care
- People who can help with staying longer in the home
- Best of all, we can help sell real estate and find a path to a simpler living style

Whatever the reason for you wanting or needing to downsize and simplify, we can help. We provide the real estate expertise and our network partners can help you with the non-real estate services, as needed. Just give us a call or send us an e-mail. We'll do our best to make your transition as smooth as possible.

Nursing Facility Transition Program

Assisting people who are on (or are eligible for) Medicaid and are returning to the community from Nursing Facilities.

The Nursing Facility Transition Program is funded by the Michigan Department of Health and Human Services

How can this program help?

Transition Services may include:
 Housing Assistance, Establishing the Household, Accessibility Modifications & Connecting with Support Services

Support Services may include:
 Personal Care, Home Delivered Meals, Homemaking, Private Duty Nursing, Transportation & Respite Care

Contact the Information Specialist at either organization in Northwest Lower Michigan.

Northern Health Care Management
 800-640-7478 or 231-933-4917

Area Agency on Aging of Northwest Michigan
 800-442-1713 or 231-947-8920





Alphabetical Index

Alliance for Senior Housing, LLC 5, 16, 31

Alsta Vista. 6

Arbor House Assisted Living 17

Bay Medical Transport. 45

Bay Ridge Assisted Living Center 18

Boardman Lake Glens. 19

BrightStar Care of Northern Michigan 39

Cedar Creek Commons/ Cedar Creek Senior Apartments . . . 7

Cherry Hill Haven of Kalkaska. 46

Cherry Hill Haven of Traverse City 47

Chronic Care Management 48

Compassionate Care Home Health Services 40

Culver Meadows. 8, 20, 32

Effie's Place 21

Elk Rapids Assisted Living 22

French Manor Assisted Living 23

Grand Traverse Pavilions 24, 30, 33, 49

Hillview Terrace Apartments 9

Holli Care, LLC 10, 25, 34, 41

Joy Givers Senior Home 26

Kalkaska Commission on Aging 50

Kellie Sergent, Realtor, Century 21 Northland 51

Michigan Shores Cooperative 11

Monarch Home Health Services 42

Munson Healthcare Home Health Services 43

Nursing Facility Transition Program 52

Options for Senior Living, LLC 12, 27

Orchard Creek Assisted Living 28

Orchard Creek Skilled Nursing and Rehabilitation Center . . . 35

Orchard Creek Supportive Care 36

Senior Real Estate Specialists of Real Estate One 53

The Cottages: Assisted Living Community Grand Traverse . . . 29

The Hawthorn Lofts - Grand Traverse Pavilions 13

The Village at Bay Ridge 14, 37

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- Private Duty Nursing
- Bathing and Grooming
- Long and Short Term
- Light Housekeeping
- Companionship
- Respite Care



Caregiver's Page

Home Address and Phone Number: _____

Name of Mother or Guardian: _____

Work: _____ Cellular: _____

Name of Father or Guardian: _____

Work: _____ Cellular: _____

Police: _____

Fire: _____

Ambulance: _____

Poison Control: _____

Hospital: _____

MY FAMILY

Name of Child or Family Member: _____ Name of Child or Family Member: _____

School: _____ School: _____

Doctor: _____ Doctor: _____

Allergies: _____ Allergies: _____

Dietary Restrictions: _____ Dietary Restrictions: _____

Chronic Conditions: _____ Chronic Conditions: _____

Bedtime: _____ Bedtime: _____

Nap Time: _____ Nap Time: _____

Special Instructions: _____ Special Instructions: _____

MY PETS

Pet's Name: _____ Veterinarian: _____

Feeding Instructions: _____ Special Instructions: _____

MY HOME

Plant Care Instructions: _____

A/C and Heating Technician: _____

Alarm Company Info: _____ Special Instructions: _____



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Our lineup of writers introduce readers to intriguing people and places in the fields of recreation, health, books and gardening, and offers helpful financial information and keeps them updated on Social Security matters.

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